

## Ex1816: Cooling by adiabatic demagnetization

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### The problem:

Consider a system of  $N$  spins on a lattice at temperature  $T$ , each spin has a magnetic moment  $\mu$ . In presence of an external magnetic field each spin has two energy levels,  $\mu H$ .

- 1) Evaluate the changes in energy  $\delta E$  and in entropy  $\delta S$  as the magnetic field increases from 0 to  $H$ . Derive the magnetization  $M(H)$  and show that

$$\delta E = T\delta S - \int_0^H M(H') dH'.$$

Interpret this result.

- 2) What is the temperature change when  $H$  is reduced to zero in an adiabatic process. Explain how can this operate as a cooling machine to reach  $T \approx 10^{-4}K$ . (Note: below  $10^{-4}K$  in realistic systems spin-electron or spin-spin interactions reduce  $S(T, H=0) \rightarrow 0$  as  $T \rightarrow 0$ . This method is known as cooling by adiabatic demagnetization).

### The solution:

- 1) Let's recall the definition of Helmholtz free energy:

$$F = E - TS \tag{1}$$

Solve for  $E$ :

$$E = TS + F \tag{2}$$

Where the energy, entropy and Helmholtz free energy are functions of  $T, H, N$ .

Let's differentiate Eq.(2), remembering that the temperature and the number of spin are held fix:

$$dE = TdS + \left(\frac{\partial F}{\partial H}\right)_{T,N} dH \tag{3}$$

Let's consider the average magnetization  $M$  as the generalized force, conjugate to the external magnetic field  $H$ :

$$M(T, H, N) = - \left(\frac{\partial F}{\partial H}\right)_{T,N} \tag{4}$$

Plug in Eq.(4) to Eq.(3) and integrate over the field:

$$\delta E = T\delta S - \int_0^H M(T, H', N)dH' \tag{5}$$

Where  $\delta E$  and  $\delta S$  are respectively the change of the energy and entropy during the change of the external magnetic field.

- 2) The Hamiltonian of the interaction of a spin with magnetic moment  $\mu$  in a magnetic field  $H$  is:

$$\mathcal{H} = -\mu_i H \quad (6)$$

Where  $\mu_i$  is either  $+\mu$  or  $-\mu$

Let's calculate the partition function of a single spin:

$$Z_1 = \sum_{\mu_i} \exp(\beta\mu_i H) = \exp(\beta\mu H) + \exp(-\beta\mu H) = 2 \cosh(\beta\mu H) \quad (7)$$

Thus, since we neglect interaction between the spins and consider only the interaction with the external field, the partition function for  $N$  spins will be:

$$Z = Z_1^N = (2 \cosh(\beta\mu H))^N \quad (8)$$

In an adiabatic process there is no change in entropy.

The entropy is derived by:

$$\begin{aligned} S &= -\frac{\partial F}{\partial T} = \frac{\partial}{\partial T} T \ln(Z) = \ln(Z) + T \frac{\partial}{\partial T} \ln(Z) = \\ &= N \left( \ln \left( 2 \cosh \left( \frac{\mu H}{T} \right) \right) - \frac{\mu H}{T} \tanh \left( \frac{\mu H}{T} \right) \right) \end{aligned} \quad (9)$$

Where we used  $F = -T \ln(Z)$ .

Let's take the differential of Eq.(9):

$$0 = dS(T, H, N) = \frac{\partial S}{\partial T} dT + \frac{\partial S}{\partial H} dH \quad (10)$$

Where in the last equation we assume that  $N$  is held fix.

After some algebra, utilizing Eq.(9) in Eq.(10), we arrive at:

$$\frac{dT}{T} = \frac{dH}{H} \quad (11)$$

Let's integrate Eq.(11) over the process:

$$\int_{T_i}^{T_f} \frac{dT}{T} = \int_{H_i}^{H_f} \frac{dH}{H} \Rightarrow T_f = \frac{H_f}{H_i} T_i \quad (12)$$

So, we conclude that:

$$\Delta T_{adiabatic} = \frac{\Delta H}{H_i} T_i \quad (13)$$

We can see, from Eq.(12), that as  $H_f \rightarrow 0; T_f \rightarrow 0$ .

This can operate as a refrigerator, in analogy to the carnot cycle applied in gas compression. The process is illustrated in the images below.

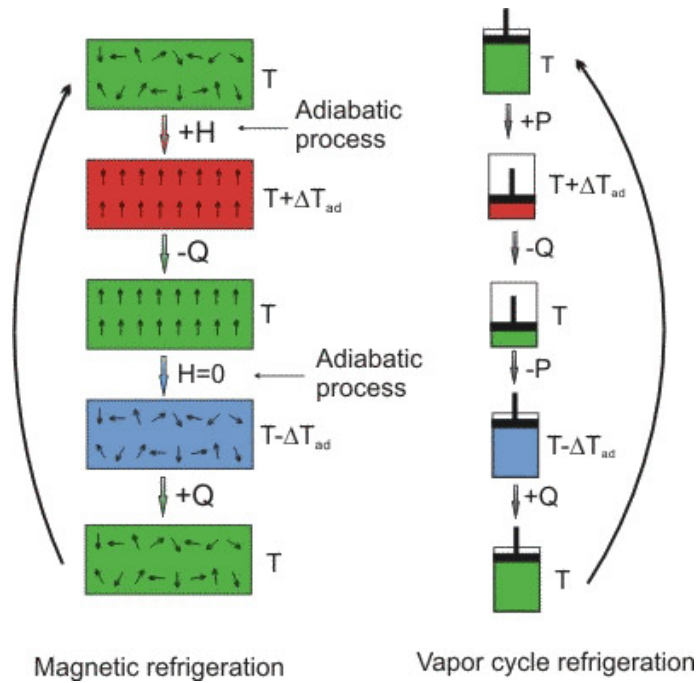


Figure 1: taken from wikipedia

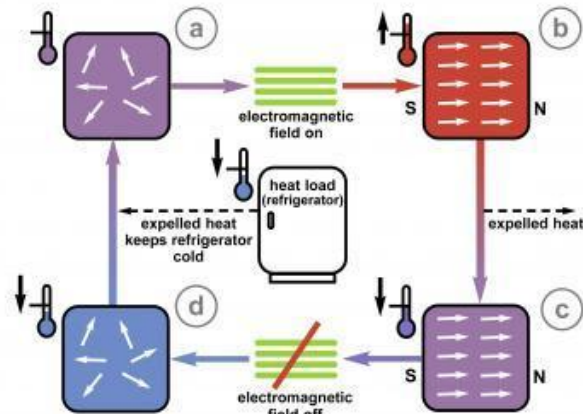


Figure 2: taken from newenergyandfuel.com/

In realistic systems, there also spin-spin and spin-nuclear interactions, so we cannot reduce the effective magnetic field to zero, so there is a limit on how much we can cool the specimen. For further reading see *Thermal Physics, Kittel, SE, page 346*.